

Sisterhood Group - Promises of God

The Bible is filled with promises from God. Biblical scholars differ on the actual number of God's promises, though most agree that they number in the thousands. However, what matters more than the number of God's promises is the fact that we can trust him to do what only he can - to deliver on every one of them.

In earthly terms, a promise is a declaration that we will do something, or that something will happen. Our promises, therefore, are inherently conditioned on our follow-through. But as we know, our earthly limitations can prevent us from keeping our promises, no matter how well-intentioned they may be.

Conversely, God's promises are not subject to his future action; they have already been delivered. It is when we trust that God has done for us what we cannot do for ourselves that we truly become his children - and receive the gift of his promises. As Lead Pastor Ben Snyder, teaches in GrowthTrack, knowing God for life means knowing and trusting his promises and living from them every day, rather than living to obtain them. To know God is to receive his promises and to know that he never fails to fulfill his word.

Read these selected Bible verses to further unpack Scripture detailing God's promises.

NOTE: All verses from New Living Translation (NLT)

S.O.A.P. Journaling Method

Scripture: Ask God to point out one text in particular as you read. Write it down at the top of your entry for that day.

Observation: What does it say? Ponder its meaning, tone, and purpose. Make an observation about what's happening, who's affected, and what's taking place.

Application: How does this apply to me? Write how you plan to put into practice the verse that has just been brought to your attention. The application makes the difference between hearing and doing God's will.

Prayer: Write a prayer asking God to help apply to your life what you've learned.

SESSIONS

1 FORGIVENESS

1. Matthew 18:21-22
2. Luke 6:37
3. Luke 23:34
4. Ephesians 4:32

2 ETERNAL LIFE

1. John 3:16
2. Ephesians 2:8-10
3. 1 Timothy 6:12
4. 1 John 5:13-14

3 HOLY SPIRIT

1. John 3:5-6
2. John 14:26
3. Acts 4:31
4. Romans 8:26

4 POWER OVER SIN

1. Romans 6:12-14
2. Hebrews 2:17-18
3. 1 Peter 4:1-2
4. 1 John 3:3

5 NEW FAMILY

1. Psalm 133:1
2. John 3:6
3. Romans 8:14-17
4. Ephesians 1:5

6 BELONGING

1. 2 Corinthians 1:22-23
2. Galatians 3:28
3. 1 John 3:1
4. 1 John 4:4

7 PURPOSE

1. Exodus 9:16
2. Proverbs 19:21
3. Romans 8:28
4. Philippians 2:12-13

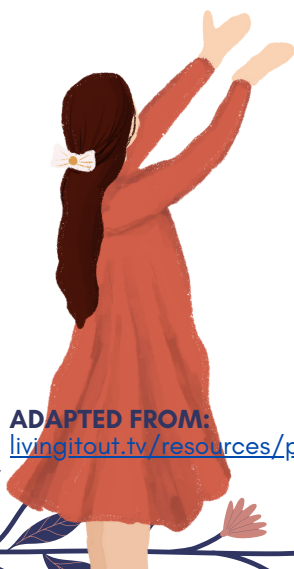
8 DAY OF SERVICE

We will select a local community organization to serve. It could be on this day or another day of this week.

ADAPTED FROM:
livingitout.tv/resources/promises-of-god/

STUDY
OVERVIEW

1





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Session 1 - Forgiveness

Scriptures:

Matthew 18:21-22, NLT - Parable of the Unforgiving Debtor

Then Peter came to him and asked, "Lord, how often should I forgive someone who sins against me? Seven times?" "No, not seven times," Jesus replied, "but seventy times seven!"

Luke 6:37, NLT - Do Not Judge Others

"Do not judge others, and you will not be judged. Do not condemn others, or it will all come back against you. Forgive others, and you will be forgiven.

Luke 23:34, NLT

Jesus said, "Father, forgive them, for they don't know what they are doing." [a] And the soldiers gambled for his clothes by throwing dice.

Ephesians 4:32, NLT

Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

What other scriptures remind you of the Promise of God's Forgiveness?

Observation: What does it say? Ponder its meaning, tone, and purpose. Make an observation about what's happening, who's affected, and what's taking place. If you need to go deeper into the verses before and after the ones that are listed above to gain context.

Application: How does this apply to me? Write how you plan to put into practice the verses that have just been brought to your attention. The application makes the difference between hearing and doing God's will.



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Session 2 - Eternal Life

Scriptures:

John 3:16, NLT

For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.

Ephesians 2:8-10, NLT

God saved you by his grace when you believed. And you can't take credit for this; it is a gift from God. Salvation is not a reward for the good things we have done, so none of us can boast about it. For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.

1 Timothy 6:12, NLT

Fight the good fight for the true faith. Hold tightly to the eternal life to which God has called you, which you have declared so well before many witnesses.

1 John 5:13-14, NLT - Conclusion

I have written this to you who believe in the name of the Son of God, so that you may know you have eternal life. And we are confident that he hears us whenever we ask for anything that pleases him.

What other scriptures remind you of the Promise of God's Eternal Life?

Observation: What does it say? Ponder its meaning, tone, and purpose. Make an observation about what's happening, who's affected, and what's taking place. If you need to go deeper into the verses before and after the ones that are listed above to gain context.

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Session 3 - Holy Spirit

Scriptures:

John 3:5-6, NLT

Jesus replied, "I assure you, no one can enter the Kingdom of God without being born of water and the Spirit. Humans can reproduce only human life, but the Holy Spirit gives birth to spiritual life.

John 14:26, NLT

But when the Father sends the Advocate as my representative—that is, the Holy Spirit—he will teach you everything and will remind you of everything I have told you.

Acts 4:31, NLT

After this prayer, the meeting place shook, and they were all filled with the Holy Spirit. Then they preached the word of God with boldness.

Romans 8:26, NLT

I have written this to you who believe in the name of the Son of God, so that you may know you have eternal life. And we are confident that he hears us whenever we ask for anything that pleases him.

What other scriptures remind you of the Promise of God's Holy Spirit?

Observation: What does it say? Ponder its meaning, tone, and purpose. Make an observation about what's happening, who's affected, and what's taking place. If you need to go deeper into the verses before and after the ones that are listed above to gain context.

Application: How does this apply to me? Write how you plan to put into practice the verses that have just been brought to your attention. The application makes the difference between hearing and doing God's will.



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Session 4 - Power Over Sin

Scriptures:

Romans 6:12-14, NLT

Do not let sin control the way you live; do not give in to sinful desires. Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God. Sin is no longer your master, for you no longer live under the requirements of the law. Instead, you live under the freedom of God's grace.

Hebrews 2:17-18, NLT

Therefore, it was necessary for him to be made in every respect like us, his brothers and sisters, so that he could be our merciful and faithful High Priest before God. Then he could offer a sacrifice that would take away the sins of the people. Since he himself has gone through suffering and testing, he is able to help us when we are being tested.

1 Peter 4:1-2, NLT - Living for God

So then, since Christ suffered physical pain, you must arm yourselves with the same attitude he had, and be ready to suffer, too. For if you have suffered physically for Christ, you have finished with sin. You won't spend the rest of your lives chasing your own desires, but you will be anxious to do the will of God.

1 John 3:3, NLT

And all who have this eager expectation will keep themselves pure, just as he is pure.

What other scriptures remind you of the Promise of God's Power Over Sin?

Observation: What does it say? Ponder its meaning, tone, and purpose. Make an observation about what's happening, who's affected, and what's taking place. If you need to go deeper into the verses before and after the ones that are listed above to gain context.

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Session 5 - New Family

Scriptures:

Psalms 133:1, NLT - A song for pilgrims ascending to Jerusalem. A psalm of David.

How wonderful and pleasant it is when brothers [sisters] live together in harmony!

John 3:6, NLT

Humans can reproduce only human life, but the Holy Spirit gives birth to spiritual life.

Romans 8:14-17, NLT

For all who are led by the Spirit of God are children of God. So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father." For his Spirit joins with our spirit to affirm that we are God's children. And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory. But if we are to share his glory, we must also share his suffering.

Ephesians 1:5, NLT

God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure.

What other scriptures remind you of the Promise of God's New Family?

Observation: What does it say? Ponder its meaning, tone, and purpose. Make an observation about what's happening, who's affected, and what's taking place. If you need to go deeper into the verses before and after the ones that are listed above to gain context.

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Session 6 - Belonging

Scriptures:

2 Corinthians 1:21-22, NLT

It is God who enables us, along with you, to stand firm for Christ. He has commissioned us, and he has identified us as his own by placing the Holy Spirit in our hearts as the first installment that guarantees everything he has promised us.

Galatians 3:28, NLT

There is no longer Jew or Gentile,[a] slave or free, male and female. For you are all one in Christ Jesus.

1 John 3:1, NLT

See how very much our Father loves us, for he calls us his children, and that is what we are! But the people who belong to this world don't recognize that we are God's children because they don't know him.

1 John 4:4, NLT

But you belong to God, my dear children. You have already won a victory over those people, because the Spirit who lives in you is greater than the spirit who lives in the world.

What other scriptures remind you of the Promise of God's Belonging?

Observation: What does it say? Ponder its meaning, tone, and purpose. Make an observation about what's happening, who's affected, and what's taking place. If you need to go deeper into the verses before and after the ones that are listed above to gain context.

Application: How does this apply to me? Write how you plan to put into practice the verses that have just been brought to your attention. The application makes the difference between hearing and doing God's will.



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Session 7 - Purpose

Scriptures:

Exodus 9:16, NLT

But I have spared you for a purpose—to show you my power and to spread my fame throughout the earth.

Proverbs 19:21, NLT

You can make many plans, but the Lord’s purpose will prevail.

Romans 8:28, NLT

And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

Philippians 2:12-13, NLT - Shine Brightly for Christ

Dear friends, you always followed my instructions when I was with you. And now that I am away, it is even more important. Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him.

What other scriptures remind you of the Promise of God's Purpose?

Observation: What does it say? Ponder its meaning, tone, and purpose. Make an observation about what’s happening, who’s affected, and what’s taking place. If you need to go deeper into the verses before and after the ones that are listed above to gain context.

Application: How does this apply to me? Write how you plan to put into practice the verses that have just been brought to your attention. The application makes the difference between hearing and doing God’s will.
